

### 5-Day Spa Package "Complete Relaxation"

Complete Relaxation helps a person relax and achieve a state of harmony and balance. It is a way to reduce the level of anxiety, stress, and tension.

#### Day 1

Oriental peeling and foam massage and clay mask for 60 minutes. The ritual begins with cleansing the whole body in the Turkish bath with an oriental silk glove (kese), which removes dead cells and cleanses the skin. This is followed by a foam massage and a clay mask for the body and face. After the procedure, your skin will be tighter, smoother, and more elastic.

#### Day 2

Aromatherapy with a face mask for 60 minutes. Aroma massage combines manual massage, the life-giving power of essential oils, and exotic aromas that restore energy and provoke emotions.

#### Day 3

Anti-stress therapy with head massage for 50 minutes. Relieves stress and tension with special point massage techniques on the scalp and face.

#### Day 4

Massage with a scented candle and hydrating face mask for 50 minutes. The essential oil will pamper your senses with unique calmness, balance, and harmony sensations.

#### Day 5

Spa Therapy with volcanic stones / 60 minutes /. Massage with volcanic stones is one of the most ancient methods for disease prevention,

Total price: ~~663лв.~~ - **456 BGN**

